

SPRING ASSEMBLY MINUTES
30 Greenfield Street, Wethersfield, CT
November 4 , 2023

Meeting was called to order at 11:36AM by Chair Lisa G. with a moment of silence followed by the Serenity Prayer.

Welcome was given by Justice K. and Hank B. representing the hosts for districts 8 and 9.

Al-Anon's Twelve Steps, Traditions, Concepts and Warranties were read by our Past Delegates.

Roll Call was taken by Karen V. Absent were Stephanie S. Treasury, DR's 2, 5, and 6, Alt. DR's 1, 6 and 12, Convention Chair Janice R. and Spanish Liasson Roxana R.

Chair's Opening Remarks: Lisa G. welcomed everyone Fall Assembly. She thanked Districts 8&9 for hosting the Assembly and for all who have helped facilitate this event. She thanked Katie D. and Jackie B. for running workshops this morning and hoped that everyone was able to enjoy and further educate themselves as they continue their growth in the program.

Secretary's Report: Karen V. There were no changes to the minutes a Motion was made by Linda (GR1) to accept the minutes; seconded by Ron S. (GR3).
Motion passed unanimously.

Treasurer's Report: This report was given by Karen V. for Stephanie S Treasurer

<u>Summary - Year Over Year</u>	YTD 2023	Same Period 2022	Diff over/(under)	
Beginning Cash 1/1	35,223.25	35,413.00	(189.75)	
plus YTD Group Contributions	19,037.07	18,459.03	578.04	
plus YTD other income	1,879.97	375.00	1,504.97	Convention distribution/Spring Assembly Registrations
less YTD Expenses	(20,115.06)	(16,793.22)	(3,321.84)	primarily Public Outreach (\$4,521)
less YTD net Seed Money	(4,255.80)	(3,611.00)	(644.80)	
Ending Cash	31,769.43	33,842.81	(2,073.38)	

Motion was made by Leslie B (GR 13) to accept Treasurer's Report as presented; seconded by Carol D. (DR8).
Motion passes unanimously.

Voting Member Count Group Representatives Count was taken for voting.

Alternate Delegate's Report: Katie D. welcomed everyone to the Fall Assembly –
During her first year, her focus was primarily on chairing the Electronic Meeting Thought force and Task force, with the help of a fantastic committee, and putting together workshops for the Spring and Fall Assemblies. She hopes many of you were able to attend the Workshop this morning entitled “Supporting GRs: Strengthen Your Link of Service and Your Recovery.” She has had the privilege of working with Sara R., Group Representative for the Tuesday night Woodbridge meeting, and Michele F., Group Representative for the Wednesday night East Woodstock meeting on the workshop. Their goal was to ensure that the content was really helpful to new and continuing GR's and will enable you to support your groups and continue to build a strong foundation of service. Thank you Sara and Michele! If you were not able to attend, the PPT and handout will be posted to the CTalanon.org website under the Fall Assembly 2023

Delegate's Report: Elaine M.

Elaine welcomed everyone to the 2023 Fall Assembly and thanked everyone for their service.

She shared news from WSO:

WSO is looking for your help! Are you interested in being published? The Forum is looking for sharing's from members 200-400 words. Electronic submissions

<https://al-anon.org/for-members/members-resources/literature/literature-resources/send-your-sharing/>

written submission by mail: <https://al-anon.org/pdf/CALcornerSharingRevised%202018.pdf>

The Alateen Just for tonight bookmark (M-82) should be available this fall in English, French and Spanish. The 2022 World Service Conference Summary has been delayed for another 6 weeks; however, you can go online to see the Summary if you would like to view the summary.

Service participation by Members of Al-Anon Family Groups Who are Also Members of Alcoholics Anonymous (pg. 86- 87) Al-Anon and AA share a common spiritual legacy in AA's Twelve Steps and Twelve Traditions. Tradition Five defines AlAnon's single purpose. Tradition Six encourages cooperation with Alcoholic Anonymous, maintaining the appearance of affiliation with any outside enterprise. Putting these principles into practice maintains a separation between the service structure of Al-Anon and AA. Accordingly, Al-Anon's policy is that members who are members of A.A. do not serve as a Group Representative (GR), District Representative (DR), Area Delegate, World Service Conference member, alternate to any of these service positions, or any committee of the World Service Office. We welcome AA members to our fellowship however, it is equally important to remember there are other ways for them to provide service in Al-Anon. Delegate Update We presented a bid to host a "Road Trip" with other with other New England Delegates however, our bid was not accepted. Well, there is always next year. In August Elaine sent out a call for an application for Trustee's, hopefully someone from Connecticut will apply. If you are interested, please contact Elaine and she will forward you the information. A special thank you to District 3, 8, and 11, District Representatives and Alternate District Representative's, as your term is ending think about how you can continue your recovery in Al-Anon/Alateen. During your term you were faced with the challenge of the inability to hold face to face meetings in your districts and you all rose to the challenge to continue the message of the Al-Anon/Alateen Declaration. Elaine ended with a with a quote from Lois W. "Al-Anon is a program of love, and love is the primary motive in all our activities" Many Voices, One Journey (B-31) p290.

BREAK 20 MINUTES

Spring Assembly Report Districts 6&7

The 2023 Spring Assembly was hosted by district 6 & 7 on June 10, 2023. District 7 was responsible for setup and snacks and District 6 was responsible for finances. The Assembly ran smoothly and they received compliments for a job well done. A F2F planning meeting in a church basement a few months prior to the Assembly. The area chairperson provided an agenda and we went through the assembly planning checklist. An assembly floor plan was provided by the previous hosting districts (4&5) which was helpful. Records for the Assembly are now electronic. The agenda and checklist for the planning meeting as well as the floor plan for the Wethersfield Community Center (WCC) were provided to the next hosting districts (7&8) via email. The old three binder previously used for hosting assemblies has been turned over to archives. Entry into the facility was at 10AM to set up and the workshop began at 10:30. All requested tables and chairs were placed via the floor plan with the community center. The workshop was held in the fireside room. It filled to full seating capacity and there was standing room only. All in all, it was a good experience for the districts to work as a team. Six GRs from District 7, district 7 treasurer and a volunteer from district 7 participated in the setup. Participation is the key to harmony. Registration fee for Al-Anon and AA members was \$13; Alateen members was \$8

- Invited guests included Past Delegates and AA Officers (registration for these guests was no charge)
- Utilized Eventbrite for advanced registration process; Guidelines have been created for setting up and running Eventbrite to manage registration along with procedures for day of Assembly registration management. They are provided to the CT AWSC.
- There were three volunteers from District 6 managing the registration table, checking advanced registrants in and accepting walk-in registrations
- Total Attendees – 114 Finances:
- Seed Money: \$5,000.00 in seed money provided by Area
- Income: \$1,396.49: \$1,305.49 Eventbrite registrations; \$91.00 walk-in registration
- Expenses: \$441.52 in reimbursements for supplies
- Unexpected Return: \$954.97 (less room rental expense handled directly by the Area)

Convention 2024- Chair Janice R Read by Kate A

Hello everyone:

The planning of the 2024 Convention to be held on March 16th -17th, 2024, in person at the Sheraton Hartford South Hotel, 100 Capital Blvd, Rocky Hill.

Our convention committee planning team met in September in person at the hotel and on zoom in October. Our next meeting will be held on zoom on November 19th, 2023, at 1:00 p.m. Please email your interest to convention2024@ctalanon.org if interested in the ID and password. We voted on our logo at our October 22nd, 2023, meeting. Janice is pleased to announce to you our logo (as seen on the letterhead) which displays our theme, "Our Pathway to Peace." Thank you to Abby F. and Morgan R. for creating beautiful logos to vote on in October. Abby's submission won the most votes. Both the Save the Date flyers and the Serenity Breakfast Registration form/flyer have been finalized and sent to our Area Secretary for distribution. Please read these flyers at your meetings and talk up our Serenity Breakfast and our Convention.

Most committee positions are filled. Still a need for an Alateen Chair and Co-Chair along with a Spanish Co-Chair. Thank you to all committee members for saying yes and doing so enthusiastically. The committee members are working hard to plan a wonderful convention for all of us. The Program Committee continues to work on planning the program and certain committee members are collaborating with other committees.

Communication is key with all of us!

There will soon be a posting of details on the Convention page as needed at ctalanon.org. Keep your eyes open for the 2024 Convention registration in December. Also, Janice and Kate we will continue to create flyers and distribute them as needed. Janice is continuing to enjoy working with Kate A, the new our Co-Chair, and the entire committee. A special shout-out to our Secretary, Cathy T. and Treasurer Ron S and Co-Treasurer, Ron M. Janice thanked her whole committee.

Convention 2024 -Co-Chair Kate A

The Serenity Breakfast will be held on Sunday January 21st, 2024, at the Sheraton Hartford South Hotel in Rocky Hill. Our theme, "Our Pathway to Peace," and logo have been chosen. The doors open from 8:00-8:45am for pre-registration checkin. The program begins at 9:00. The cost of the Serenity Breakfast is \$33.00. You will be able to register either by mail with an order form and check, or through Eventbrite. Information for both options will be listed on the pre-registration flyer. The Serenity Breakfast allows us the opportunity to experience fellowship over a delicious breakfast, followed by wonderful speakers. Kate knows that the AA and AlAnon speakers will inspire all as they share their experience, strength, and hope. Kate a letter to Kim G., the Alateen coordinator, asking if she knew of any Alateens that would like to speak at the breakfast. She in turn contacted the Alateen Sponsors and asked them to reach out to the Alateens for someone willing to speak. We are hopeful that an Alateen will come forth. The Serenity Breakfast would not be complete without a raffle, the raffle committee has some great gifts to distribute to the lucky winners. Currently, the greeter committee, raffle committee, flyer committee, electronics committee, Spanish liaison, and pre-registration along with the treasurer have all been contacted and agreed to participate in their capacities for Serenity Breakfast. A volunteer has been assigned to the greeters for their support. The flyer committee has created a "Save the Date" flyer for both the Serenity Breakfast and the Convention and will also be putting together a pre-registration flyer for the Serenity Breakfast. The Serenity Breakfast is traditionally a sign that the Convention is ahead. This year is no different. Last year the committee put their toes back in the water, so to speak, after being interrupted by the pandemic. Although the numbers were not there as hoped in the years before the pandemic, there was a great showing and a wonderful Breakfast. There was clearly a feeling that 'we are back.' Last year there was room for 240 attendees and there was 179 in actual attendance. Certainly hope that the coming Serenity Breakfast can outshine last year in terms of attendance. This of course depends on all of us. Please talk up the Breakfast among your fellow AlAnons. It is a time of recovery, fellowship, and inspiration. As chair of the Serenity Breakfast, please contact Kate A. with any questions or concerns you may have, and she will be happy to spend time with you to answer questions or offer additional information if needed. Her email: kate.reid.allen@gmail.com She thanked everyone for this opportunity for Service.

AA Events Liaison Stephanie R

As she has approached the end of her first year as AA Events Coordinator. She is learning a lot about what it takes to make these wonderful events materialize and even more about herself. Al-Anon participates with AA during 5 of their annual events: the Round-Up, Soberfest, Rompiendo Fronteras/Breaking Frontiers, Area 11 Convention and CSCYPAA which is next month. Each one has a different vibe! The first is a legacy/service workshop, one is held outdoors, camp or simply day trip, one bridges both programs with the Spanish community, the traditional convention, and then there is the high energy event hosted by young people in recovery. Has anyone gone to any of the events this year? She has been to each event and each has been a rewarding experience. She is very grateful for everyone who stepped up in service and those who supported everyone's efforts by simply attending a meeting. Working with AA members and being a part of the event's committee has been a gratifying and unifying experience. The unexpected blessing though this service is a deepening of spirit, recovery and humility - as she continually needs to ask for help. Here is a snapshot of participation this year: Round up: one chairperson, two speakers, unknown but small number of Al-Anon Attendees, no Public outreach, no literature. Soberfest: Stephanie chaired the event, 5 speakers, unknown but small number of Al-Anon attendees, one PO volunteer. Rompiendo Fronteras: Stephanie chaired the event, 2 volunteers, 3 speakers, 55 Al-Anon and Alateen attendees, no literature and some public outreach materials. Area 11 Convention: one chair, 3 speakers, 5 volunteers, 6 PO volunteers and 40 Al-Anon, 3 Alateens (10% of all attendees) and literature which was Stephanie's biggest lesson on staying in her lane. CSCYPAA: one chair, 2 speakers, 5 volunteers; There is a need for more volunteers to staff literature and elsewhere, will you be there November 24, 25 or 26? Depending on the event it would be amazing to have anywhere from 10 to 20+ volunteers, most importantly a Chair and Co-chair to coordinate a particular event's efforts. Look for her emails asking for help, event details and updates. Group representatives I need your help to share this information with members when they are available. These short term service positions are a great way to boost personal growth and hang out with some awesome people! Feedback has been - we need more Al-Anon participation, meetings and Spanish literature. To step up Al-Anon's presence we need members to step up & the sooner the better. This enables the program to be created and printed in a timely manner, which is usually a month or two before the event. The 2024 will begin with the Round Up in March, here is Stephanie asking for help. Are you interested?? Do you feel that tap on your shoulder? It's your HP working with Stephanie - today she is connected, connecting and looking forward to sharing the joys of this service with you.

AAPP Gay B.

CT has completed the AMIAS (Alateen Members Involved In Alateen Service)/Group Sponsor Recertification process with World Service. Thank you to the District Representatives and AMIAS's for completing the recertification paperwork in ample time for the July 1 deadline. There are currently 28 AMIAS/Group Sponsors and 7 active Alateen meetings. One group is hybrid, and that is only if a teen attends the meeting in person at least once. The Darien Alateen meeting changed its location to Norwalk and changed its time to an hour earlier. Two Alateen meetings have become inactive this year—Groton and Newington. Until July, Gay was one of the group sponsors for the Groton Group in District 11. Her hope is that Alateen members will be inspired to step up to serve as AMIAS's for those teens who no longer have a meeting and the ones who have yet to find the rooms in District 11. Being a group sponsor has been a rewarding service. It didn't take long to love the teens and see myself in them at their age. Gay saw the love the other AMIAS's have for the teens, and it is heartfelt. At CAWW (CT Alateen Workshop Weekend) in May, one of the teens was aging out (turning 20) to Al-Anon, and she shared her story as the Alateen speaker. The loving words of support her three sponsors shared with her after she spoke was a beautiful tribute to the difference Alateen makes in the life of the teens and the sponsors. She thanked Kim for her support, her service sponsors and the other AMIAS's, she has learned that we never do anything alone in Alateen service.

Alateen Coordinator Kim G.

Alateen meetings and attendance are down. Meetings are in person and discussion are had on how to keep Alateen alive and spread the word. Public Outreach will be joining in their meeting in December and Kim is excited that they maybe able to brainstorm so new ways to spread the word of Alateen in Schools, libraries' doctor's office and other places. Next year CAWW will only be a one-day event again due to lack of Alateen members. Kim is hopeful this could change in 2025. She reminds Sponors and Amias to continue to spread the word and be of service and share their recovery story.

Archives Justice K

Area Archives Report Nov. 4th, 2023 AWS Fall Assembly Happy fall to everyone, Here in Connecticut, we have a strong and rich Al-Anon history. As an area, we were fortunate to have Lois W., one of our Al-Anon founders living just over the border in Bedford Hills NY. She visited our area regularly. How do I know this? Area Archive, of course! In our archives storage we have photos, posters, and memorabilia from our "Luncheon with Lois" and other area events where Lois was present. Our archives also reflect our strong history of cooperation with Alcoholics Anonymous, where we have been participating in workshops and conventions dating back to the 1960's. "What else is hiding in those archives?" Well, all of our Area's history! That's all. The minutes and motions from assemblies past, the programs and flyers from every workshop and area convention, recordings from speakers, and a library of past forums going back decades! "But why does it matter?" This is our history! It's how we got to where we are! For anyone who has ever been frustrated by the response "this is how we've always done it"- the archives are there to look up when that decision was made, what discussion took place, and what the outcome of the group conscious was. This institutional knowledge is vital to ensuring we don't re-invent the wheel when considering changes in our program, but also that we know what information may NOT have been considered when a topic previously brought up. "How can I utilize our Area Archives?" You may want to check out our collection of recordings to listen to speakers from past conventions. You can go through the minutes and motions to collect data for your thought force, or you can invite Justice! Your area Archives Coordinator to set up a table at your Al-Anon event to display some archive materials. If you would like to access the archives, please visit the LDC during their open hours (Tuesdays from 9:30- 3pm) and sign out any borrowed materials with the LDC office. "How Can I help?" Currently most of our historical documents are only accessible by going to the LDC. One of Justice goals is to figure out how to digitize our records to make them more accessible to our fellowship. If you are someone who has experience with a project like this, she would love to hear from you. From determining what storage platform makes the most sense, to scanning and uploading documents- She will need LOTS of help! Please share this report with your groups and direct them to her if they are interested in learning more about Archives!

Group Record Coordinator Jackie B.

World Service was working on a program in Group Records which would allow Jackie as Area Group Records Coordinator to search for electronic meetings in CT. She was pleased to report that has become a reality. CT has 9 registered permanent electronic meetings. Jackie also wanted to reiterate that the time line World Service has in mind for groups that are temporarily on zoom to make the decision to become PEG's (Permanent Electronic Meetings) is still 6-12 months after an Area has put in place their Policies and Procedures for Admittance of Electronic Meetings. As we voted at the June Assembly to put our Policies in place, as of now groups have until June 2024 to make a decision. Speaking of our Policies and Procedures to admit PEG's to CT, since their inception in June in CT, She has learned a lot more about the notification process by World Service to our Area and from our Area to those meetings and their districts who are requesting admittance. With some help, and as she mentioned in her September AWSC report she has made some changes (housekeeping changes only as she refers to them as regards notifications) to our Policies and Procedures. For example, in the Policies voted on in June, we had thought that World Service would notify the CMA, Delegate, Chairperson and myself of electronic group registrations. World Service notifies only the CMA and myself as Area Group Records Coordinator, so I have modified the wording as regards notifications in the Policies. I have requested that

Robert as our Webmaster replace what was previously posted on the CT website with the updated Policies and Procedures. As of this writing, the Group Records Information link on our CT website has also either already been updated or will be soon, to ensure the latest information is posted. Also as noted in the September report, because of what seemed to be the ongoing confusion regarding the registration of and changes to meetings (electronic ones for the most part), Jackie did hold a workshop this morning on the “how-to’s” of registering an electronic meeting and what information would be needed for same. She hoped it was helpful. Lastly, she wants to thank those who have adhered to her request that when asking Jackie to make a change to a group’s record with World Service the District Representative (and if applicable the District Group Records person) is also notified. There are still some requested changes coming through with no cc: to the DR, please, please honor the request to uphold our links of service. Also, if there is a question about the “how-to” or which form to use when making a change or registering a group (electronic or physical/hybrid), that is why she is available, please ask for help. Asking for help is not her strong suit either but the more she asks the better she gets at it, Al-Anon and Alateen have taught her “I am never alone in service”

Literature Coordinator Trisha G.

Trisha has been in program for over 3 decades and has had the privilege to serve her home group on Saturday mornings in Pequannock in various capacities including treasurer and anniversary chair and co-chair. She has also been a volunteer at the LDC for the past couple of years. In her new role she will be responsible for providing literature for all Al-Anon and AA events with Al-Anon participation. She is very excited to be able to share a little bit of her love for our conference approved literature on another level. She looks forward to working with all the members for yet another opportunity to learn and grow through service in Al-Anon.

Phone Service Leslie

We had five volunteers answering calls for the first few months for now we have three and it seems to be working fine. Leslie has been picking up a call every now and then if no one else is available. In a three-month period (July, August, Sept.) there were 108 calls with 19 unanswered. The calls were from two minutes with one for twenty minutes and an average of five minutes. Leslie returned 6 voicemail calls. In July we paid \$24.00, August \$17.60, Sept. \$26.24 for the Lingo google service. In speaking with the volunteers’ inquiries about the schedule seems to be at the top of the list, but also explaining the Al-anon program and how it works. Sometimes just listening is what is needed. Leslie thanked all the wonderful volunteers who do service and answer the callers’ questions and give back to this wonderful program.

Public Outreach Eric B.

Public Outreach participated in 8 major events so far, have reached several hundred people. The committee meets every first Wednesday of the month with typically between 8 to 12 in attendance. There have been several additions to our displays, giveaways and handouts including the first Alateen specific PO Tablecloth - unveiled at the 64th Area 11 Convention, a 2nd Al-Anon-Alateen tablecloth, a 2nd Al-Anon Wheel of Good Fortune, more Al-Anon Fortune Cookies (having come to learn the hard way, of their limited edible shelf life of only 2 months 😊) and Al-Anon Candy Hearts. We have replenished a lot of literature and added stock for Alateen PO literature as needed. I hope to see even more participation next year and have more district PO Coordinators step up. The goal would be to have a rep for every district in place by the 2nd quarter of 2024. Eric has asked to please spread the word!

Spanish Liaison Roxana – No report

Web Coordinator Robert T.

As webmaster continues to be the ongoing process of website maintenance and information updates. Meeting changes continue to generate the bulk of required updates and are the primary focus, as the Meeting listings are the most visited pages on the website. Group Records Coordinator, Jackie B, and Robert are in regular contact to share any meeting changes they receive, as well as to keep the Phone Service Coordinator advised of changes. Please continue to send any meeting updates to grouprecords@ctalanon.org and Jackie and Robert will both get the message. When requesting meeting changes, Robert asks that you include as much information as

possible to identify the meeting and save him the need for further cross referencing. The Ctalanon website lists the information a little differently from the WSO listings. Previous Ct webmasters omitted the WSO number in our listings so Robert does not have that information at hand. Robert has started adding the WSO number whenever making meeting changes, but the process will take a while to complete for the whole list. Another regular task is keeping the Events page listings current for upcoming special events. Any special occasion flyer that the Secretary has approved and distributed, Robert will list it on the website under the Events tab. There is a 1 MB document size limitation so please keep file size in mind when creating your flyers, to save Robert the additional step required to compress an oversized file. Looking ahead, the website could use some functional improvements. The website hosting software requires a version upgrade. Performing this upgrade will provide a good opportunity to improve site appearance and function at the same time. However, due to the scope of work involved will not begin until the beginning of 2024. Finally, the Ctalanon Domain names were renewed in October and are good for another year.

LDC Manger Lois F

INTRODCUTION At the Spring Assembly on June 10TH, Lois was introduced as the new LDC Manager. At that time, the best she could do was stand and wave; She had only started 3 weeks prior on May 23.

ACKNOWLEDGEMENTS First, she thanked Katie D for suggesting she should apply for the vacancy at the LDC. She thanked Carol D. and the Board of Directors for selecting her for the position. She is humbled and honored. Last but not least, she thanked the volunteers who have supported her as she has learned the ebb and flow of her duties: Trish G. Catherine R. Janice R, along with Katie D and Carol D.

OVERVIEW So, as a quick overview of what has been happening since Lois arrived: learning curve has been humming along, and she has met and spoken with many members from all over CT.

Requests for new-comer packets along with the standards from ODAT, to CTC, to How Al-Anon works, and a variety of pamphlets have steadily increased. It's rewarding to know that you, as the GRs, are relying on the LDC to provide the literature that may bring light to a member's circumstances. And then, there was the new daily reader (A Little Time for Myself). That publication was highly anticipated and we were thrilled when they arrived in early July. However, all that abruptly changed... out of stock by end of July.... yet the members still continued to order. Because we live in hope, we are, once again, thrilled as they are no longer out of stock... they are back. On Thursday, 10/27, we received 12 cases of the new readers. And on Tuesday 10/31, the LDC volunteers packaged 44 backorders, whereby shipping 239 new readers. We have ordered a few more cases in anticipation of a renewed spike of interest. She thanked everyone for their patience during these last 3 months of not knowing when we would receive A Little Time for Myself.

CONCLUSION It brings her great pleasure to know that she will serve the Al-Anon members through the resources found at your CT Area LDC. On behalf of the CT AFG LDC, she thanked everyone for their support

Board of Directors – Carol D.

Carol is the President & Chairperson of the Board of Directors (BOD) of the CT Al-Anon Family Groups Services, Incorporated. Traditionally, this is a Service Arm of the CT AFG Assembly. Legally it is a separate entity, responsible for legal issues such as signing all contracts, filing corporate tax returns, filings with CT Secretary, as well as obtaining insurance coverage. Although the BOD and Area Assembly are separate, it is Carol's hope that we will continue to have ongoing communication and hopefully more members will be interested in Serving on the BOD. Qualifications, resume procedures and resume forms are on the website @ ctalanon.org. under Members and BOD. DR's and GRs please encourage qualified members to join. We presently have 8 other members: Michael C. Corporate Treasurer; Janice R. Corporate Secretary and Directors, Ann T-V, Shirley B., Katie D., Kathy G., Stephanie S., and Martha N. Our Bylaws allow a maximum of 10 members. Carol is grateful for a supportive BOD. They are looking for a new member to join in 2024. Qualifications, resume procedures and resume forms are on the website @ ctalanon.org. under Members and BOD. DR's and GRs please encourage qualified members to join. Updates since Spring Assembly • We have established a new Merchant Account with Webster bank using Clover for our credit card purchases. So, we presently have 2 accounts. Webster & TD Bank. Looking to merge both accounts with Webster. • LDC is grateful to Lois, our new Manager who has done a wonderful job implementing new ideas such as using Pirate Ship, so our orders can be weighed, measured, and labeled and picked up at the church office. • Michael C., the

BOD Treasurer was also acting as the LDC Treasurer. The BOD voted to have Katie D. temporarily serve in that position during Michael's absence due to medical issues. The BOD voted to disband The Finance Committee since the Board will resume the responsibilities. The hope is that members with a financial background will submit a resume to be considered for BOD membership and possibly help Michael as assistant Treasurer. • To place a literature order please mail, email LDC@ctalanon.org, or call 860-244-0022. You can pay by Credit Card, PayPal, Check, Money Order or Cash, if in person. • The LDC is grateful to all the groups and individuals who continue to send donations to the LDC and to support their local LDC. • Carol agrees with Lois. We are all grateful for Catherine and Trish for all their help and for Katie and Janice for helping Lois and making Carol's job easier.

LDC Finance Katie D

Katie presented the LDC Finance report to the CT Area Assembly on behalf of the Board of Directors. The report that she presented represents January through October 2023, however the October numbers should be considered preliminary as we are still waiting for final bank statements for the month. She was pleased to let members know that with groups beginning to meet in person, and with the interest in the new daily reader, Sales at the LDC have really been recovering after being impacted by the pandemic for the past three years. Total year to date income for the LDC has increased 38% over 2022 to \$42,146 for the 10 months, compared to \$30,590 in 2022 for the full year. Literature sales are up 66% over 2022 and account for \$31,426 of our income, (vs. \$18,915 in 2022), contributions account for \$2,798 and money from the Area budget for operations accounted for \$6,000. Our expenses for 2023 were \$39,446 YTD, lower than expected as we did not have an LDC manager for nearly 4 months and ran entirely on volunteer support. Income vs. expenses yields positive income of \$2,700 YTD compared to a loss of (\$1,798) in 2022. Please see the attached reports for more detail and information. On behalf of the LDC and the Board of Directors, Katie thanked each member, group and district who has sent contributions to the Area and the LDC, and want to especially thank their dedicated volunteers, Trish G. and Catherine R. as well as the new LDC Manager, Lois F. who give so much of their time and effort to keep our LDC running smoothly, and providing services to our membership.

Closing: Al-Anon Declaration

Approval of the 2024 Budget Karen V. (For Stephanie S)

PROPOSED DRAFT 2024 BUDGET						
				Income	Proposed	Variance
INCOME	Actual 2019	Actual 2022	Budget 2023	YTD 6/30/23	2024 Budget	2023 Budget
						vs 2024 Budget
SUMMARY:						
TOTAL INCOME	43,123.32	29,094.13	57,825.00	17,895.08	57,425.00	(400.00)
TOTAL EXPENSES	37,460.39	29,283.88	57,825.00	21,322.09	57,425.00	(400.00)
NET INCOME / (LOSS)	5,662.93	(189.75)	-	(3,427.01)	-	-
2024 Budgeted "Cash from Checking":						
Total budgeted expenses	\$	57,425				
less seed money	\$	(13,700)				
less Group / District Contributions	\$	(30,000)				
less Unexpected Income	\$	(500)				
= "Cash from Checking"	\$	13,225				

Motion was made to approve 2024 Budget as presented by Pam GR11; Seconded by Rosemary GR 1. Motion carries.

Discussion of District 10 Elaine M.

District 10 Recommendation to the AWSC Assembly. The 5 Group Representatives are eager to carry the Al-Anon/Alateen message. Some of the Group Representatives have been attending adjoining districts in the past to carry out the Al-Anon/Alateen message. Let it begin with me, when anyone anywhere reaches out for help let the Al-Anon/Alateen message and let it begin with me. • District 10 has long been the area with lack of representation of their groups at the AWSC. Historically, the area has not had a DR for the past 8-9 years. There are 5 meetings in this District, 4 of which have Group Representatives. • Goal: to merge the 5 groups in 2 existing districts 9 & 11. o Recommendation • Incorporate the groups as follows in the adjoining districts; East

Woodstock AFG- District 9 • Danielson AFG Family Recovery Group- District 11 • How AFG Works, Brooklyn, District 11 • Hope for Today- Mansfield Center District 11 • Liberstad Con Los Tre Legados Willimantic District 11 • Stafford Springs/Willington District 9 (currently assigned) I am bringing forward to the AFG merge the 5 meetings in adjoining districts and it this time retire District 10. All entities are in agreement of this plan. This will be on a 3 year trial basis.

Motion: Presented by Betsy GR Wed Morning Gilford AFG

To Incorporate the groups as follows into the adjoining districts:

East Woodstock AFG- District 9

Danielson AFG Family Recovery Group- District 11

How AFG Works, Brooklyn, District 11

Hope for Today- Mansfield Center District 11

Liberstad Con Los Tre Legados Willimantic District 11

Stafford Springs/Willington District 9

For a 3 year period.

Second the Motion by Donna R (GR District #9)

Vote taken by majority. 97 Yes 0 No 0 Abstaining

Motion Passes

Chairperson Lisa G. took the floor to thank everyone for attending.

Motion was made by Morgan (GR3) to adjourn the meeting; seconded by Justice (GR8). Motion carries.

Al-Anon Declaration was led by Lisa G.

Respectfully submitted,

Karen V. AWSC Secretary